



Cancer Society Wairarapa

Cancer Society of New Zealand Wairarapa Cancer Society Inc

PH (06) 3788039 OR EMAIL US ON WASUPPORT@CANCERSOC.ORG.NZ OR 0800226237

Wairarapa Cancer Society What's On 2019

SUPPORT & HEALTH PROMOTION

Supportive Care Services for

Cancer Patients and their families

[Support Groups: All Support groups commence in February and finish in November](#)

Any Cancer Men's Group Meets every 4th Monday of each month 1-2.30pm

Any Cance : Thrivers & Survivors morning tea. Speaker and sharing 10.30 -12 midday 3rd Monday each month.

Bowel Cancer Support Group Meets every 2nd Friday of each month 10-12 midday

Lymphoedema Support Group Meets quarterly. Check Centre Facebook page or ring for dates.

Blood Cancer Support Group Shared Lunch. Meets twice a year Watch FaceBook or Times Age Midweek for dates .

Therapies:

Any Cancer Walking Group. Meets in Masterton. Any level catered for, Ring Margaret for more info: 3771981

SHAPE Post cancer rehabilitation exercise and nutrition package

Counselling or Massage Available.

Outreach in South Wairarapa also available

Prosthesis & Bra fitting service. Visiting fitters monthly provide access to MOH funded bra /prosthesis We stock emergency items such as wigs scarves beanies.

Education or Cancer workshops:

Moving on After Bowel or Breast cancer workshops. Gain skills to cope, manage your illness. Plan your survivorship.

Living Well : Support for careers during & after a loved ones treatment for any cancer.

Kia ora E- ti iwi Demystifying Cancer Workshops for Maori

We host, Look Good Feel Better Workshops: For women /men having chemo & radiation. Bookings essential.



South Wairarapa Outreach Services

We offer all therapy services in South Wairarapa including massage relaxation, mindfulness and counselling. This service is offered at Richmond House and is by appointment only. Please contact us .



Volunteer Driving Service

Cancer Society Wairarapa provide a volunteer driving service. If you are having chemo or radiation treatment out of the Wairarapa we can HELP. Bookings can be made through the Centre (06) 3788039 or email us: waisupport@cancersoc.org.nz



Staying at Margaret Stewart House beside Wellington Hospital or Ozanam House P/Nrth. We can help get you there.

Health Promotion Programme



Sun smart School Accreditation

Shade loan lend scheme

Get the Tools for Men's Health resources available

Smoke free Aotearoa 2025- & the Fresh Air Project

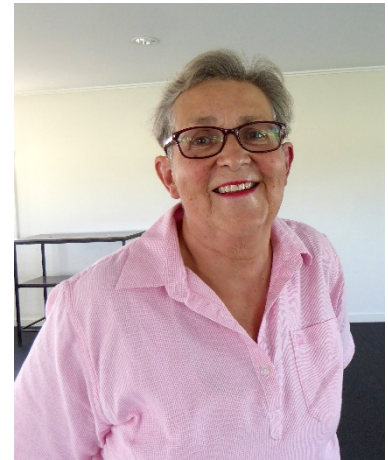
Public Awareness Annual Speaker Seminar and Advocacy campaigns such as Advanced Care Planning.

National Services & Events Supporting the Cancer Society and Patients

Cancer Chat and Cancer Connect. Access via: Wellington Cancer Society webpage: cancernz.org.nz

Any Cancer Any Question 0800 226 237 to speak to a cancer nurse.

Relay for Life and Daffodil Day. waisupport@cancersoc.org.nz



Thinking of Volunteering?

Ring the Centre to find out more 06 3788039

Julie (above) has been a volunteer since 2011 for the Cancer Society Wairarapa.

Julie assists in events such as Daffodil Day and Relay for Life. She also is a co-facilitator for lymphoedema support group and enjoys being part of the wider team.

Julie says

“it’s rewarding being a volunteer and I love giving back to an organization that gave so much to me in my time of need”

